

Dear Doctors and Ethel,

When we received notice today from Texas Tech that we'd missed our son's scheduled appointment with Dr. Christenson, I realized that we may not have closed the loop with all of our care providers. I just wanted to take a moment to thank all you for being very important in the success of my son's diabetes management since he was diagnosed in late Dec. 2005.

Our family took a big leap of faith, and after many years in El Paso, we've relocated to a small town near Springfield, Illinois. We've only been here about one month. The schools here are excellent. We are enjoying the change of lifestyle.

Alex had his first doctor's check up here last week. We were advised yesterday that his HbA1C is 7.2. He watches his diet, counts his carbs, and exercises consistently (heavy bag, weight lifting, and tennis against the wall) and still seems to be "honeymooning." He remains on 3 units at breakfast, 4 before lunch & supper; 12 of Lantus at bedtime. There is an occasional weird high and an occasional freaky low--but mostly hitting his targets very consistently. (No ketones ever with the highs). We will be looking for a good pedi endocrinologist to consult with in Springfield or St. Louis--the current MD seems sufficiently knowledgeable for Robert Alex's immediate needs.

All of you have been very important to us during this diabetes onset. (Of course I have taken this worse than anyone, and have really appreciated all of your comments. The ski trip was as awesome an experience for me as it was for our son).

God Bless you all,

Carolyn Cooper (MPH, RN)  
Chatham, Illinois